

## PROFESSIONAL

### **Acupuncturist**

Licensed in California and Hawaii

### **Herbalist**

Licensed in California

### **Yoga Instructor**

Certified in Hawaii

### **Tui Na Massage Therapist**

Certified in San Francisco

### **Fine Artist**

Masters in New York

## EDUCATION

### **Masters of Science in Oriental Medicine**

Meiji College, 1999  
San Francisco, CA

### **Masters in Fine Arts**

Pratt University, 1987  
New York, NY

### **Yoga Apprenticeship**

The Iyengar Yoga Center, 1985-1987  
New York, NY

## SPECIAL TRAINING

### **Tui Na Certification**

American College Traditional Chinese Medicine  
San Francisco, California

### **Auricular Acupuncture**

Terry Oleson, Ph.D.  
Berkeley, California

### **Rejuvenative Facial Acupuncture**

Virginia Doran. L.Ac.  
Maui, Hawaii



## Pierra Colombatto

LAC, MS, MFA

## EXPERIENCE

### **Paros, Greece**

**Acupressure Yoga Teacher  
and Tui Na Masseuse**  
Taos Meditation Center

### **Istanbul, Turkey**

**Acupressure Yoga Teacher**  
Robert College

### **Maui, Hawaii**

**Acupressure Yoga Teacher and  
Tui Na Masseuse for Adults and Children**  
The Studio Maui  
Vacation Hawaii  
Kaunoa Senior Center

### **Marin, California**

**Acupressure Yoga Teacher**  
The Yoga Studio

### **New York City, New York**

**Yoga Teacher**  
The Iyengar Yoga Center

**GREECE**

**0030 695 606 4320**

**SPAIN**

**0034 683 35 71 81**

**EMAIL**

**pierraglobal@gmail.com**

## MASSAGE

### **The Perfect Mix**

This massage combines the energy-enhancing muscle manipulation of Tui Na with the hands-on healing of professional acupressure. When needed, acupuncture or cupping is also applied, making this the most tailored energy and healing massage you can find.

## WORKSHOPS

### **Acupressure Yoga**

The two oldest healing traditions in the world, Chinese Acupressure and Indian Yoga, are now combined in a powerful new therapy called Acupressure Yoga. Learn how to use your hands, heels, tennis balls, yoga asanas, and traction to soothe, heal, and strengthen your body. Get the daily knots out, release your deeper tensions, and get back in touch with your body and life.

### **Massage and Yoga for Children**

During the early years, children grow physically and socially at the fastest rate of their lives. They need help in developing body coordination and mental concentration. Yoga and massage are two therapies that increase not only physical well-being, but also mental clarity and social self-confidence.

### **Breath Meditation**

These simple yet amazingly effective breath exercises not only change your pulse rate and blood chemistry, but also relieve the symptoms of stress, including headache, insomnia, digestive issues, sinus imbalance, and nervousness, to name a few.

### **Private Classes**

Customized classes are also available for individuals or groups, in your home or at the office.